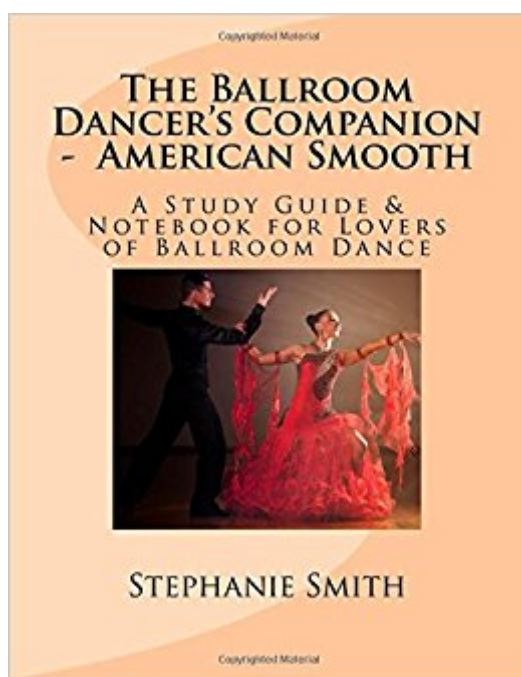


The book was found

The Ballroom Dancer's Companion - American Smooth: A Study Guide & Notebook For Lovers Of Ballroom Dance (Volume 1)



Synopsis

If you want to look like a Pro, you gotta study like one!Â Dance training is not for the faint of heart. And not everyone who takes dance lessons becomes a great dancer. Therefore, if you are a serious dancer, you need an edge - an edge that comes in the form of this unique Study Guide and Notebook which will help you achieve your goals.Â Focusing on Foxtrot, Waltz, Tango, and Viennese Waltz, this notebook provides you with a truly impressive array of study tools, all designed for American Smooth ballroom dancing: - Dance Goals Templates. Enjoy achieving your goals using a scientifically proven method of establishing milestones.Â - Dance Step Syllabus Reference. Easily reference the American Smooth dance step syllabus and add your own personal variations.Â - Organized Lesson Notes. Record your notes for later reference in 26 useful lesson templates.Â - Capture Your Drills. Record technical drills critical to your dance success - Upper/Lower Body Drills, Arm Styling, Footwork, Turns and Spins, Balance Drills, and more! - Dance Patterns and Choreography. Record your dance patterns and choreographies in one place! An entire chapter is devoted to this topic, with both Dance Pattern and Choreography templates that will unleash the artist inside of you!Â - American Smooth Dance Music. Finally, a place to note your favorite artists and songs in one place - categorized by dance!Â - Fashion Ideas. Let loose your inner designer and create a fashion masterpiece!Â - Ballroom Dance Resources. Whether at home, or on the go, jot down your favorite resources for future reference.Â Â The Ballroom Dancer's Companion is a highly effective training and retention tool in the world of dance. Use this tonight, enjoy progress tomorrow, and become the dancer you've always dreamed!

Book Information

Series: The Ballroom Dancer's Companion

Diary: 166 pages

Publisher: CreateSpace Independent Publishing Platform; Csm Stg edition (June 17, 2015)

Language: English

ISBN-10: 1497427983

ISBN-13: 978-1497427983

Product Dimensions: 8.5 x 0.4 x 11 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #4,273,598 in Books (See Top 100 in Books) #71 inÂ Books > Arts &

Photography > Performing Arts > Dance > Notation #180 inÂ Books > Arts & Photography >

Customer Reviews

Disclaimer: this review is based on a review copy. This book is an invaluable tool in changing how one thinks about dancing. Smith provides a number of tools for recording notes from lessons, setting goals, recording choreography, and so on. While this is common, she provides breakdowns of how to use these tools that provide a simple way to de-clutter thoughts about dance into useful, actionable information. While it is not an original concept, it is fantastic execution and usable by anyone from beginners to pros. I teach full time and am talking with my studio managers about basing some of our student records on Smith's work.

\$20.00 for what is really about 10 pages of text that I can get online for free. The rest of the book is a blank notebook. This is presented as a guide for a serious smooth ballroom dancer not a dance practice journal. Not worth it.

[Download to continue reading...](#)

The Ballroom Dancer's Companion - American Smooth: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 1) The Ballroom Dancer's Companion - Int'l Standard: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 3) The Ballroom Dancer's Companion - International Latin: A Study Guide & Notebook for Lovers of Ballroom Dance (Volume 4) The Ballroom Dancer's Companion - Social/Club Dances: A Study Guide & Notebook for Lovers of Social Dance (Volume 5) Ballroom Dancing: The Complete Guide to Ballroom Dance Lessons, Ballroom Dance Wedding and More Lap Dance: The Ultimate Guide to Being the Best Exotic Dancer (The Ultimate Exotic Dancer Package Book 4) Dance To Your Maximum: The Competitive Ballroom Dancer's Workbook Dancing Till Dawn: A Century of Exhibition Ballroom Dance (Contributions to the Study of Music and Dance) GIRL'S BOOK OF BALLET - Featuring: Beryl Grey on The Making of a Dancer - Gene Kelly on his great new dance film Invitation to the Dance How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes Dance Anecdotes: Stories from the Worlds of Ballet, Broadway, the Ballroom, and Modern Dance Let's Dance: The Complete Book and DVD of Ballroom Dance Instruction for Weddings, Parties, Fitness, and Fun Song Writing Journal: Lined/Ruled Paper And Staff, Manuscript Paper For Notes, Lyrics And Music. For Musicians, Music Lovers, Students, Songwriting. Book Notebook

Journal 100 Pages 6x9in The Grass is Always Greener Horse Composition Notebook: Horse Lovers Journal, 8"x10" Softcover, 200 Lined College Ruled Pages for Students, Teachers and Equestrians Journal: 160 Page Lined Journal/Notebook (8.5 x 11 Large Journal/Notebook) (Volume 96) The ULTIMATE Guide To Ballroom Dancing for Colleges and Universities: A Ballroom Dancers SECRET FORMULA The ULTIMATE Guide To Ballroom Dancing for Colleges and Universities: A Ballroom Dancers SECRET FORMULA To Prepare For ANY Competition, Get NOTICED On ... More Awards Than You Ever Thought Possible The Ballet Companion: A Dancer's Guide to the Technique, Traditions, and Joys of Ballet Rocks: Hard, Soft, Smooth, and Rough (Amazing Science)

[Dmca](#)